

Melrose Recreation Department

PROGRAMS & EVENTS

FALL 2020

WWW.CITYOFMELROSE.ORG



MELROSE RECREATION DEPARTMENT
562 MAIN STREET, MELROSE, MA 02176
OFFICE: 781-979-4179
RECREATION@CITYOFMELROSE.ORG

FALL PROGRAMMING

HAVING FUN, BEING SAFE, TOGETHER AS A COMMUNITY



REGISTRATION NOW OPEN!
SPACE IS LIMITED!!!

ONLINE REGISTRATION AVAILABLE AT
WWW.CITYOFMELROSE.ORG

STATEMENT OF PRECAUTION

Under the guidance of the Mayor of Melrose, the Board of Health, and the Melrose Park Commission, the City of Melrose prioritizes the importance of proper health and safety precautions involving outdoor group gatherings for all programming. We strictly follow all guidelines established by the State of Massachusetts in order to ensure the safety of our participants and their families. Our goal is for Melrose residents to have the opportunity to return to the activities they enjoy, while adhering to all necessary precautions.

INTRODUCTION

Director's Corner

We are very excited about all we have to offer this fall & winter through the Melrose Recreation Department. We have programs, classes, events, and leagues for youth and adults of all ages. We have added a lot of new offerings that we hope you find interesting throughout our Brochure Book. Please take your time and mark your calendars so you don't miss out on a fun experience either trying something new or doing something you already enjoy.

If you are looking to stay informed please sign-up for our weekly "Upcoming Programs & Events" email that we send out every Friday. This is a great way to be reminded of activities that are starting. You can sign-up for our newsletter by visiting the Recreation Department webpage at www.cityofmelrose.org or by emailing us at recreation@cityofmelrose.org.

Thank you for your continued support, and we look forward to seeing everyone this fall and winter.

Sincerely,
Frank Olivieri, CPRE
Recreation Director

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Melrose Recreation Dept.

562 Main Street, Melrose, MA 02176

Main Phone781-979-4179
Email.....recreation@cityofmelrose.org

Recreation Dept. Staff

Frank Olivieri.....Recreation Director
Joe Blotner.....Recreation Coordinator
Julie Pino.....Recreation Assistant
Haley Gorman.....Recreation Assistant

Park Commission

Bob Christiansen John McLaughlin Jr.
Bill Gardiner (Chair) John Mercer
Jim Lane

*The Park Commission meets the second Monday of every month at Mount Hood Golf Course in the Carr Room at 7:00pm. Check city website for changes.

Office Hours

Mon – Thu 9:00am – 2:00pm
 2:00pm – 8:00pm (By appointment)

Fri 9:00am – 12:00pm
 12:00pm – 4:30pm (By appointment)

Note: At this time the Recreation Department is working remotely. We are available and responding to phone calls and emails throughout the day. If you need attention regarding any issues please do not hesitate to contact us.

On weekday afternoon / evenings the Recreation staff visits numerous locations to supervise programs, leagues and events. Please contact us if you would like to schedule an after-hours appointment so we can assist you.

Mission Statement

The Melrose Recreation Department strives to create high quality recreational programs and events that are affordable and safe for residents of all ages and abilities. With dedicated leadership and pride, we offer resources and opportunities to strengthen our community while striving to increase the social, cultural, and physical well-being of its participants and visitors.



TENNIS PROGRAMS



USTA QuickStart Tennis

QuickStart Tennis is an exciting new play format for learning and playing tennis. It is designed to bring kids to the game by utilizing smaller racquets, slower and lighter balls, shorter court dimensions and modified scoring, all tailored to the age and size of the child.



Quick Start Tennis I

Ages: 5 - 6
Time: 9:00am – 9:55am

Designed for 5 and 6 year olds, this program emphasizes basic athletic skills that apply to many sports, like ball tracking, catching and throwing skills, and body coordination skills. Your children will learn basic racket work skills, and rudimentary rallying skills. In addition, they will learn about fairness, and they will begin to understand winning and losing, and how to work with others. Participants need a 19-inch racket.

Quick Start Tennis II

Ages: 7 - 9
Time: 10:00am – 10:55am

Designed for 7 to 9 year olds, this program emphasizes basic athletic skills that apply to many sports, like ball tracking, catching and throwing skills, and body coordination skills. Your children will learn basic racket-work skills, and rudimentary rallying skills as well. They will be taught self-rally skills, 2-person rally skills, serving and receiving skills, and net-play. They will learn the basic rules, simplified scoring, and appropriate behavior as part of their training. They will start to play! Participants need a 21, or 23 inch racket.

Quick Start Tennis III

Ages: 10 -12
Time: 11:00am – 11:55am

Designed for 10, 11, and 12 year olds. This program will help the players develop the skills needed to participate in different tennis situations by teaching proper stroke technique, all basic shots, and basic tennis strategy and tactics. Players will learn assorted racket-work skills, self-rallying and 2-person rallying skills, serving and receiving skills, and net-play. They will learn the rules, including tennis scoring. And they will get to play! Participants will need a 23 or 25-inch

FALL SESSIONS

Classes: 6 Lessons / Session
Location: Crystal Street Tennis Courts
Cost: \$75
Space: Max 15 participants / class

Session I: Sept 19– Oct 31
(No Class on Oct 10)
(Rain Date Nov 7)
Saturdays

SAFETY GUIDELINES

Social distancing practices will be used during the program. All children are required to bring a mask and water with them. Children may need to wear a mask at certain times during the program if instructed. Sanitation station available.

YOUTH PROGRAMS



Super Soccer Stars

Wednesday Classes

Dates: Sept 16 – Oct 21
(Rain Date Oct 28)
Sessions: 6 Classes
Cost: \$120
Location: Common Park
(Grass area near basketball courts)

Ages 3 – Young 4: 9:00am – 9:45am (45 min)

Ages Older 4 - 5: 10:00am – 10:50am (50 min)

Saturday Classes

Dates: Sept 19 – Oct 24
(Rain Date Oct 31)
Sessions: 6 Classes
Cost: \$120
Location: Common Park
(Grass area near basketball courts)

Ages 3 – Young 4: 9:00am – 9:45am (45 min)

Ages Older 4 - 5: 10:00am – 10:50am (50 min)

At Super Soccer Stars, it is our goal to teach soccer skills in a fun, non-competitive, educational environment. Our philosophy is to use soccer to nurture, to build self-confidence, and to develop teamwork in every class. Our specially designed curricula use positive reinforcement and a low child-to-coach ratio to ensure that each child improves at his or her own rate while having endless fun. Participants need to bring their own soccer ball.

Run by:

Super Soccer Stars

www.supersoccerstars.com

STEAM & Stories at the Common

Ages: 2 - 5
Dates: Wednesdays, 6 Classes
Time: 10:00am – 10:45am
Session: Sept 16 – Oct 21
(Rain Date: Oct 28)
Cost: \$35
Location: Common Park

Young children are natural born scientists, engineers, artists and mathematicians! Join staff from the **Family Resource Network** as we explore the world through Science, Technology, Engineering, Art and Math. This outdoor play and learn group is designed for parents or caregivers with children 2 - 5 years old. Children will explore STEAM through stories and fun hands-on activities, where they will create, invent, reason and problem solve. Please bring a blanket, so we can all be socially distanced and safe. Masks are required for all adults and recommended for children ages 2 - 5 years old.

In partnership with:

North Suburban Child and Family Resource Network

Follow on Facebook at:

www.facebook.com/pg/northsuburbanfamilynetwork

SUPER SOCCER STARS & STEAM CLASS

Social distancing practices will be used during the program. All children are required to bring a mask and water with them to the class. Children may need to wear a mask at certain times during the program if instructed. Sanitation station available.

YOUTH CAMPS, CLINICS, & PROGRAMS

(New Times!)

Outdoor Gym Class by Rec!

Grades: K - 5
Sessions: 8 Total Classes
Cost: \$80
Location: East Knoll Field

Grade K: Mondays
3:00pm – 4:00pm
Sept 21 – Nov 9
(Rain Date: Nov 16)

Grade 1: Mondays
3:00pm – 4:00pm
Sept 21 – Nov 9
(Rain Date: Nov 16)

Grade 2: Mondays
3:00pm – 4:00pm
Sept 21 – Nov 9
(Rain Date: Nov 16)

Grade 3: Wednesdays
3:00pm – 4:00pm
Sept 23 – Nov 11
(Rain Date: Nov 18)

Grade 4: Wednesdays
3:00pm – 4:00pm
Sept 23 – Nov 11
(Rain Date: Nov 18)

Grade 5: Wednesdays
3:00pm – 4:00pm
Sept 23 – Nov 11
(Rain Date: Nov 18)

Gym class is back in session! Due to so many students having to learn virtually this school year the Rec Dept. will be offering our version of gym class outdoors this fall. Participants will play games, sports, and exercise while having fun and socializing just like they would in school. Group sizes will be kept small and will be separated by elementary schools as much as possible. Each group will remain in its own cohort and will not be mixing in with each other. Space will be limited. Participants will need to bring water and snacks each day of the program.



(Cancelled)

Afterschool

Multi-Sport Champions!

Ages: 9 – 12
Days: Tuesday & Thursday
Sessions: 8 Total Classes
Time: 2:00pm – 3:30pm
Cost: \$145
Location: East Knoll Field

Session I: Sept 22 – Oct 15
(Rain dates: Fridays)

Session II: Oct 20 – Nov 12
(Rain dates: Fridays)

Sports, games, activities, competition, & fun! We will be running continuous sports based activities all class long. If you are looking to be outside and play a variety of sports like flag football, kickball, soccer, whiffle ball, capture the flag, etc. then come join us for these action packed days.. Space will be limited.

Participants will need to bring water and snacks each day of the program.

GYM CLASS & MULTI-SPORT CHAMPS

Social distancing practices will be used during the program. All children are required to bring a mask and water with them to the class. Children may need to wear a mask at certain times during the program if instructed. Sanitation station available.



MIDDLE SCHOOL FALL SPORTS



Middle School Cross Country

Grades: 6 – 8
Date: Sept 16 – End of Oct
Days: TBD
Time: 3:00pm – 4:15pm
Cost: \$90
Location: Melrose Middle School
(Near Fred Green Field)

Description:

- Practices 2 – 3 times per week directly afterschool
- Runners will be timed at the beginning of the season and again at the end of the season to track improvement
- Participants receive a XC t-shirts for meets

Middle School Field Hockey

Grades: 6 – 8
Date: Sept 16 – End of Oct
Days: Monday, Wednesday, Friday
Time: 3:00pm – 4:30pm
Cost: \$90
Location: Cabbage Patch Field
(In front of Middle School)

Description:

- Practices Monday, Wednesday, Friday afterschool
- 4 -6 game schedule (games are against outside schools and/or intersquad games)
- Must provide your own goggles, sticks, shin guards, and mouth guards.



SAFETY GUIDELINES

Social distancing practices will be used during the program. All children are required to bring a mask and water with them. Children may need to wear a mask at certain times during the program if instructed. No sharing of personal equipment. Sanitation station available. No Bathrooms.

***Middle School level sports, programs,
And clubs are independently
Run by the Melrose Recreation Dept.**

YOUTH CAMPS, CLINICS, & PROGRAMS



Street Hockey Club

Grades: Grades 3 - 5
Days: Thursdays
(Rain Date: Fridays)
Time: 3:45pm – 5:00pm
Cost: \$125
Location: Winthrop Outdoor Basketball Court

Session I: Sept 24 – Oct 29

Enjoyed your time on the ice this past winter, while now show off your skills outdoors. Kids will have an opportunity to continue their Hockey season during the fall with friends and fellow classmates. Not a Hockey player? Doesn't matter! Throw on the rollerblades and jump right into the action! The program will include fun games, shootouts, and scrimmages with Middle School Hockey Coach Andrew Deane! Hockey Nets, goalie equipment, and street hockey balls will be provided! Space is limited and first come, first serve!

Equipment Needed: Roller blades, Hockey Stick, Hockey Helmet with Cage or Shield, Hockey or Lacrosse Gloves, (Knee and Elbow Pads are recommended)

Social distancing practices will be used during the program. All children are required to bring a mask and water with them to the class. Children may need to wear a mask at certain times during the program if instructed. Sanitation station available.

Instructor: Andrew Deane
MS Varsity Hockey Coach

WINTER PROGRAMS ANNOUNCEMENTS



The Melrose Recreation Department plans to release a [Winter Programs & Events Brochure](#) in the beginning of November. We are hoping to be able to offer many of the programs we have offered in past winters such as:

Melrose Youth Basketball (K – 12)

Basketball Skills & Drills

Middle School Basketball

Middle School Ice Hockey

Middle School Wrestling

Middle School Art Club

Middle School Robotics

Adult Basketball Leagues

And many more...

Please be sure to watch for announcements as we move closer towards the winter. Until then please be sure to enjoy all of our Fall outdoor programs!

SAFETY GUIDELINES

Social distancing practices will be used during the program. All children are required to bring a mask and water with them. Children may need to wear a mask at certain times during the program if instructed. No sharing of personal equipment. Sanitation station available. No Bathrooms.

YOUTH CAMPS, CLINICS, & PROGRAMS



MELROSE LACROSSE



MELROSE BASKETBALL



Melrose Athletics - Youth Lacrosse Clinic

Ages: 7 – 16, Boys & Girls
Dates: Sept 20 – Oct 18
(No Oct 11)
(Rain Date: Oct 25)
Days: Sundays, 4 classes
Cost: \$45
Location: Fred Green Field (Turf)

Session I: Ages 7 - 10
10:00am – 10:55am

Session II: Ages 11 - 13
11:00am – 11:55am

Session III: Ages 14 - 16
12:00pm – 12:55pm

Come and see what it is like to be a Red Raider lacrosse player. We invite you to join Coach Galusi and Coach James and the current Red Raider girls and boys lacrosse players and participate in skills, drills and game play situations. Offensive and defensive concepts will be covered and there will even be some contests for prizes! Girls must bring their own stick, goggles, mouth guard and water. Boys must bring a stick, helmet, as well shoulder pads, elbow pads and gloves.

First time players are encouraged. If you are just trying for the first time please bring a helmet and a stick for boys and a stick and goggles for girls. We will have a sub separate group for kids who are just starting out.

Run by:

Boys Varsity Coach Matt James
Girls Varsity Coach Matt Galusi

Melrose Athletics - Jump Start Basketball Clinic

Grades: 3 – 8, Boys & Girls
Dates: Sept 26 – Oct 24
(No Oct 10)
Days: Saturdays, 4 classes
Cost: \$80
Location: Common Park

Session I: Grades 3 - 4
1:00pm – 1:55pm

Session II: Grades 5 - 6
2:00pm – 2:55pm

Session III: Grades 7 - 8
3:00pm – 3:55pm

The clinic is designed to help boys and girls who are interested in improving their basketball skills. Any child looking to make a certain team or just looking to have fun and learn the game of basketball are encouraged. The skills of shooting, passing, footwork, rebounding and ball handling will be incorporated in a variety of ways. Skills and drills, shooting competitions will take place for the hour the clinic runs.

All participants need to bring their own basketballs.

Social distancing practices will be used during the program. All children are required to bring a mask and water with them to the class. Children may need to wear a mask at certain times during the program if instructed. Sanitation station available. No bathrooms available.

Instructor: Dan Burns
Varsity Basketball Head Coach

YOUTH CAMPS, CLINICS, & PROGRAMS



Wacky Motorized LEGO Kits!

Ages: 6 - 11
Days: Tuesdays
Dates: Sept 22 – Oct 27
Sessions: 6 Total Classes
Max Cap: 10 Students
Location: Pine Banks Park - Outdoor Pavilion
Cost: \$150

Session I: Ages 6 – 8
1:45pm – 2:45pm

Session II: Ages 9 – 11
3:00pm – 4:00pm

Join us in person as we build wacky motorized LEGO brick Amusement Park rides! We will build the Runnah, using conveyor belt LEGO pieces, the Spinnah, using crown gears and the Flingah, using force to fling objects! We will be using axles, gears, battery packs and motors! Children will work with a sanitized LEGO kit weekly. Classes will have a maximum of 10 students. Our instructors will provide direction, inspiration, interaction and learning STEM concepts while having fun.

Social distancing practices will be used during the program. All children are required to bring a mask and water with them to the class. Children may need to wear a mask at certain times during the program if instructed. Sanitation station available. No bathrooms will be available.

Important Note:

This session is the same program that was run this past summer virtually through the Rec Dept.



ADULT PROGRAMS

MELROSE Pickleball

Pickleball

Ages: 25+
Days: Tuesdays & Thursdays
Dates: July 7 – Oct 8
Time: 5:30pm – 7:30pm
Cost: \$5 Drop-In
Location: Foss Park

Description:

This is a fun and social league where skill levels may vary. Participants should enjoy friendly competition, maintain a lengthy rally, and are skilled at both the soft and hard game strategies. These players play at the NVZ, get 80% of their serves in and have played competitively in other locations. Due to limited court space prior experience is required. Paddles and balls will be provided. Games typically last between 10 – 15 minutes before rotation. Games are almost always played as doubles competition. Sneakers are required.

Social distancing practices will be used during the program. All participants are required to bring a mask and water with them to the class. Participants may need to wear a mask at certain times during the program. Sanitation station will be available.



In partnership with the

Melrose Council on Aging

What is Pickleball?

Pickleball is one of the fastest growing sports in the country. It is a fun and exciting (and addictive) racquet sport, which differs from tennis by utilizing a court a third the size of a tennis court. It is primarily played as a doubles sport which means each person only has to cover about ten feet of court side-to-side. The rules are few & simple and the game utilizes an underhand serve, perforated plastic ball and “no-smash zone,” seven feet in front of the net which allows for an easy-to-learn sport. Players range up to the 80’s as placement is more effective than power.

The sport is played with wooden or composite paddles that are about twice the size of a ping pong paddle and a perforated plastic ball similar to a wiffle ball. New players generally pick up the game quickly and will be competing the first session.



ADULT PROGRAMS

Men's Fall Pick-Up Soccer

Ages: 25(+)
Days: Sundays
Time: 6:00pm – 7:25pm
Cost: \$55
Location: Fred Green Field
Session: September 20 – November 22

8 Sunday Pick-up Nights (plus two rain dates)

Every pick-up game is staffed with a referee and will be played under the lights on the turf at Fred Green Field. Games will be continuously running for a 1.5 hour period. Space is limited to the first 25 players before being placed on a waiting list. Uniforms are not included in registration fee (see below). Rain dates have been built into the schedule as extra days. If night(s) are cancelled due to weather or HS athletics they will not be made-up.

If you need a new reversible team jersey there is an additional \$15 fee at time of registration. Be sure to include your jersey size if you are purchasing a new jersey. All players are required to own a Recreation Dept. reversible jersey to participate. You can use your jersey for all future seasons.

Social distancing practices will be used during the program. All participants are required to bring a mask and water with them to the class. Participants may need to wear a mask at certain times during the program. Sanitation station will be available.



Women's Fall Pick-Up Soccer

Ages: 25(+)
Days: Sundays
Time: 7:35pm – 9:00pm
Cost: \$55
Location: Fred Green Field
Session: September 20 – November 22

8 Sunday Pick-up Nights (plus two rain dates)

We welcome all women to join our adult pickup soccer program. This program is about soccer, exercise, and having a fun time. Each game is staffed with a referee and will be played under the lights on the turf at Fred Green Field. Space is limited to the first 25 players before being placed on a waiting list. No prior experience required. Rain dates have been built into the schedule as extra days. If night(s) are cancelled due to weather or HS athletics they will not be made-up.

If you need a new reversible team jersey there is an additional \$15 fee at time of registration. Be sure to include your jersey size if you are purchasing a new jersey. All players are required to own a Recreation Dept. reversible jersey to participate. You can use your jersey for all future seasons.

Social distancing practices will be used during the program. All participants are required to bring a mask and water with them to the class. Participants may need to wear a mask at certain times during the program. Sanitation station will be available.



CITY OF MELROSE

RECREATION DEPARTMENT

Saturday, Oct 10th
Sunday, Oct 11th

Melrose City Hall
Melrose, Massachusetts 02176
Telephone – (781) 979-4179
E-mail – recreation@cityofmelrose.org

9th Annual Melrose Tennis Open



Available Draws:

- Men's Singles (A & B Flights)
- Women's Singles (A & B Flights)
- Men's Doubles (A & B Flights)
- Women's Doubles
- Mixed Doubles
- Junior Singles (14 & Under)

- Open to players of all levels!
- Free t-shirts for all registrants
- \$25 for singles
- \$40 for doubles (per team)
- Spots **are** limited!

Rain Dates:

November 14 & 15

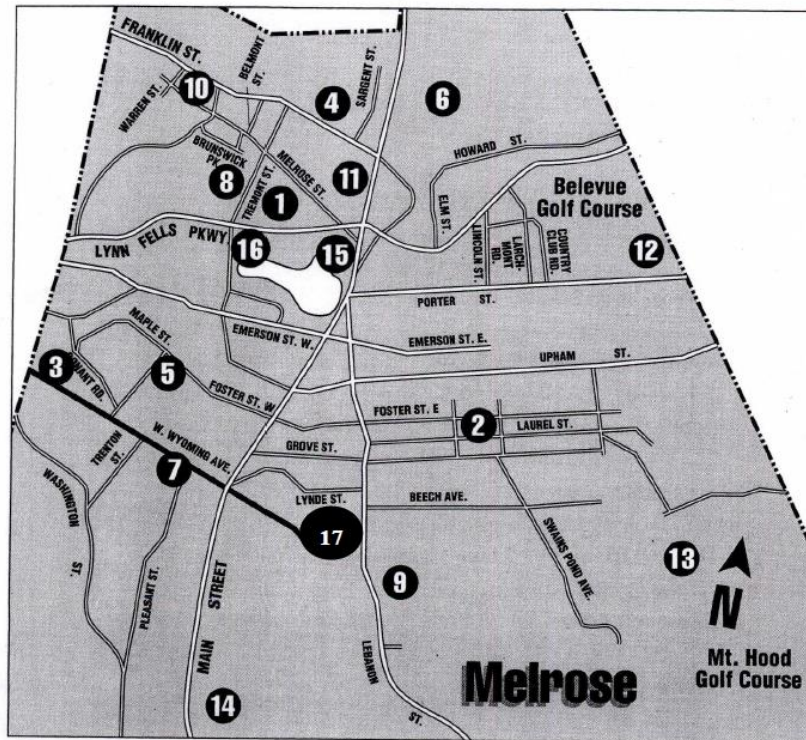
Registration Information:

- Early Registration— Sept 24
 - Guaranteed t-shirt size
- Final Registration— Oct 1
 - Will receive Adult L t-shirt
- Participants can only register for **two total draws**
- Participants **cannot** play in both flights of one draw

To **register**, or for more information, please contact the Melrose Recreation Department by phone at 781-979-4179 or by email at recreation@cityofmelrose.org. Additional information is also available on our website at www.cityofmelrose.org.

Online registration is available for tournament spots!

parksand fields



Park Locations

<u>Park Name</u>	<u>Amenities</u>	<u>Location</u>
1. High School Athletic Complex	Football, baseball, track	Lynn Fells Pkwy
2. Common Park	Tot lot, basketball, softball	Laurel & Foster St.
3. Conant Park	Play area, ball fields	Conant Rd.
4. Dunton Park	Tot lot, benches	Franklin & Pratt St.
5. Gooch Park	Play area, basketball	Florence, Maple, Vinton St.
6. Hesseltine Park	Tot lot, ball field, basketball, tennis	Hesseltine Ave.
7. Lincoln Park	Tot lot, tennis, basketball, ball field	Rear Lincoln St.
8. Messenger's Park	Tot lot, fields, basketball	Rear Roosevelt School
9. Lebanon St. Park	Play area, basketball, softball	Lebanon St.
10. Volunteer. Park	Tot lot	Warren & Melrose St.
11. Franklin School Park	Soccer field, tot lot	Rear Franklin School
12. Drinkwater Park	Tot lot	Porter & Ellis Farm
13. Mt. Hood Golf Course & Park	Golf, hiking, fishing, x-country skiing	Stillman Rd.
14. Pine Banks Park	Baseball, hiking, rugby, soccer	Main St.
15. Ell Pond Park – East	Tennis, soccer, Dog Park	Lynn Fells Parkway
16. Ell Pond Park – West	Tennis, baseball	Tremont St.
17. Foss Park	Basketball, pickleball, baseball, play area	Malvern St.

Parks Department

Joan Bell Superintendent of Mt. Hood G.C. & Public Open Space 781-662-0210

Guide to Use & Maintenance of City Recreational Facilities

<http://www.cityofmelrose.org/departments/parks/Permits/RecFacilityUserGuide.pdf>

GENERAL INFORMATION

Payment

Payment must accompany all program registrations. Cash, checks, and credit card (online only) are all accepted. Checks should be made payable to "Melrose Recreation Department." Mastercard, and Visa are accepted for all online registrations. All printable registrations forms can be found on our website at www.cityofmelrose.org. To register online visit our website (listed above) and click on the "Online Registration" link. If you have any difficulties please contact us at 781-979-4179.

Scholarships & Financial Aid

Scholarships are provided for families who qualify for the Free or Reduced Lunch Program through the Melrose School System. Other financial assistance may be available to interested participants. For eligibility information, please contact the Melrose Recreation Department by phone or email.

Financial Aid

Financial assistance may be available to interested participants. For eligibility information, please contact Melrose Recreation by phone or email.

Refunds

Because our classes are supported solely by fees, no refunds will be given after a class or a session begins unless for a medical condition. If you cancel for other reasons, you must do so **before two weeks prior to the first class** for a refund (minus administrative fee). Request must be in writing with a short explanation. Refunds may take 4 – 6 weeks for processing. An administrative fee of \$10.00 will be retained per person per program for all withdrawals from programs. If you cancel after the start of a program, no credit or refunds will be given.

Participants Responsibility

We ask that all participants respect the staff, other participants, program equipment, age requirements, and facilities when participating in programs offered by Melrose Recreation. If participants fail to cooperate with the rules, Melrose Recreation reserves the right to dismiss or suspend a participant in any program without a refund.

Attention Parents

All program participants are encouraged to bring water and snacks to programs, however, due to increased nut allergies, please do not bring or send items containing nuts for snacks and lunches.

Inclement Weather

All weather announcements and updates will be made via email to registered participants. Please check your email regularly to find out the status of your programs and field conditions.

Cancellations

Melrose Recreation reserves the right to cancel or postpone a program due to low enrollment. If a multi-session program must be cancelled due to inclement weather or other unforeseen circumstances, refunds or program credits will not be given, however we will do our best to reschedule.

Course Confirmation

A participant is registered ONLY when payment is received. If at any time, there are questions regarding your enrollment status please contact Melrose Recreation either by phone or email.

Special Needs

Participants with special needs are encouraged to attend all of our programs. Staff members are sensitive to their needs and will do everything possible to assist. If you are unsure about program registration, call regarding specifics.

Volunteer Opportunities

Melrose Recreation greatly depends on volunteers to support all of our programs and special events. If you are interested in volunteering, there are a variety of programs and activities looking for a caring heart, a specific skill, and a helping hand! Contact us for openings. Thank you to all who have already given their time and energy!!!

Scholarship Funding

In order to continue offering quality programs at affordable costs, when registering, please consider donating to our scholarship fund. Melrose Recreation's goal is never to turn away an interested participant due to economic hardship. With your help, we will be able to continue this practice. Thank you.